

Virtual Entertainment for Every Interest

IBM Magic Online Lectures and Podcasts

<https://www.facebook.com/137067053133747/posts/1325731354267305/?sfnsn=mo>

Virtual Tours

San Diego Zoo: <https://kids.sandiegozoo.org/>

Yellowstone National Park: <https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

Mars: <https://accessmars.withgoogle.com/>

Great Wall of China: <https://www.thechinaguide.com/destination/great-wall-of-china>

Appalachian Trail: <https://www.nps.gov/appa/learn/photosmultimedia/virtualtour.htm>

National Parks Virtual

Tours: https://www.nps.gov/search/?affiliate=nps&query=trail%20virtual%20tours&fbclid=IwAR37uxTyHzMSXH2AkZNdMfHbrciDZ7w_C17ldHv02eZV1k0l3skr9jjJzCY

Live Cameras

San Diego Zoo Live Cameras: <https://zoo.sandiegozoo.org/live-cams>

Monterey Bay Aquarium: <https://www.montereybayaquarium.org/animals/live-cams>

Panda Cam: <https://zooatlanta.org/panda-cam/>

Houston Zoo: <https://www.houstonzoo.org/explore/webcams/>

Georgia Aquarium: <https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

Museums

British Museum, London: <https://britishmuseum.withgoogle.com/>

Guggenheim Museum, NY: https://artsandculture.google.com/streetview/solomon-r-guggenheim-museum-interior-streetview/jAHfbv3JGM2KaQ?hl=en&sv_lng=-73.95902634325634&sv_lat=40.78285751667664&sv_h=30.75703204567916&sv_p=0.06928383072430222&sv_pid=MfnUmHRyOSzMtY3vtYU05g&sv_z=0.9645743015259166

National Gallery of Art, Washington DC: <https://artsandculture.google.com/partner/national-gallery-of-art-washington-dc?hl=en>

Musee d'Orsay, Paris: <https://artsandculture.google.com/partner/musee-dorsay-paris?hl=en>

National Museum of Modern and Contemporary Art,

Seoul: <https://artsandculture.google.com/partner/national-museum-of-modern-and-contemporary-art-korea?hl=en>

Pergamon Museum, Berlin: <https://artsandculture.google.com/entity/pergamon/m05tcm?hl=en>

Rijksmuseum,

Amsterdam: https://artsandculture.google.com/streetview/rijksmuseum/iwH5aYGoPwSf7g?hl=en&sv_lng=4.885283712508563&sv_lat=52.35984312584405&sv_h=311.1699875145569&sv_p=-5.924133903625474&sv_pid=fOVcUXQW2wpRf33iUmxEfg&sv_z=1

Van Gogh Museum, Amsterdam: <https://artsandculture.google.com/partner/van-gogh-museum?hl=en>

The J. Paul Getty Museum, Los Angeles: <https://artsandculture.google.com/partner/the-j-paul-getty-museum?hl=en>

Uffizi Gallery, Florence: <https://artsandculture.google.com/partner/uffizi-gallery?hl=en>

MSAP, Sao Paulo: <https://artsandculture.google.com/partner/masp?hl=en>

Open Heritage Sites from Around the world: <https://artsandculture.google.com/project/openheritage>

Blarney Castle and Gardens: <https://www.blarneycastle.ie/pages/map-and-virtual-tour>

Other Entertainment:

Musicals you can watch at home: <https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>

Ballet Nova Center: <https://www.facebook.com/watch/BalletNovaCenterForDance/>

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Home Exercise

Only do exercises according to your ability level.

Bodyweight exercises: pushups, crunches, squats, jumping jacks, mountain climbers, burpees

<https://greatist.com/fitness/50-bodyweight-exercises-you-can-do-anywhere>

<https://outliveforever.com/best-home-workout-beginners-no-equipment/>

Just Dance 3: <https://youtu.be/BhYvFMq7Xaw>

Yoga/Meditation

Free Yoga Programs: <https://www.doyogawithme.com/>

Guided Imagery: https://www.youtube.com/watch?v=t1rRo6cgM_E&t=143s

<https://www.youtube.com/watch?v=qcdbCphVa1g>

<https://www.youtube.com/watch?v=Y70O2vEP1FE>

How to Meditate: <https://www.nytimes.com/guides/well/how-to-meditate>

Meditation for Anxiety: <https://www.youtube.com/watch?v=4pLUleLdwY4>

Google play or apple apps:

Headspace

Mindfulness coach

Free Online Courses

<https://www.freecodecamp.org/news/ivy-league-free-online-courses-a0d7ae675869/?fbclid=IwAR2jMOU2hExVYRvb0OIAPn63ygv8svDkcjed6-bU5NmOM88BY2k7rUms1hg>

<https://www.coursera.org/courses?query=free>

One month free

trial: https://www.thegreatcoursesplus.com/lp/t1/freemo?source_id=FREEEMO&utm_source=Social_Media&utm_medium=Facebook&utm_campaign=1000614&fbclid=IwAR3iebSRuHrjP-eiK4QX0YeiVXUdfxZCMmJR-HAVUXtHNUqRD8NPSC4debA

Reading

New York City Library, free digital books- <https://www.nypl.org/>

Free Audio Books <http://www.openculture.com/freeaudiobooks>

Free Public Domain Books <https://librivox.org/>

Your local library has digital books and audio books to check out

Resources for Kids

Suessville: www.seussville.com

Fun Brain: www.funbrain.com

Storyline Online: www.storylineonline.net

Fun Science

Experiments: https://www.rigb.org/ExpeRimental?fbclid=IwAR22PjG6yr9uaHWCgVBcMtvHpkqP0DHRI_1ZWq9qvdeImEbs86bCWeLIXQ4

Just Dance 3: <https://youtu.be/BhYvFMq7Xaw>