



Palm Beach County
Board of County Commissioners



Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Creating a Safe Space for Everyone: LGBTQ+ Informed Individual and Family Therapy

Presented by Emily Deming, Ph.D.

Wednesday, June 12, 2024

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/WP6SR6V>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on June 11, 2024

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.



This training is an equity, diversity, and inclusion topic

Description:

Creating safe and inclusive therapy environments for LGBTQ+ individuals and families can be difficult when you feel as if you are behind on the vocabulary or not a member of the LGBTQ+ community. It can be difficult to create a space for conversation, healing, or even support when appropriate language, terminology, and skills are not used. This beginner-level presentation will review the language and vocabulary most commonly used within the LGBTQ+ community, identify the impact of LGBTQ+ history, and discuss skills that can be used to create safe and inclusive therapy environments for LGBTQ+ individuals and their families. Through videos and discussions participants will also utilize appropriate vocabulary and terminology used for the LGBTQ+ community.

Learning Objectives:

After completion of this presentation, participants will be able to name the following:

1. Identify and utilize appropriate LGBTQ+ terminology
2. Describe the impact of LGBTQ+ history on past and current therapeutic techniques
3. Discuss individual and family therapeutic skills used to create safe and inclusive environments

Presenter:



Emily Deming, Ph.D. earned her bachelor's degree in Psychology at West Virginia University. She earned her master's degree and doctoral degree in Clinical Child Psychology from West Virginia University. Dr. Deming is currently a postdoctoral fellow with the Palm Beach County Youth Services Department at the Education and Training Center. She is a certified Parent Child Interaction Therapy (PCIT) therapist and a certified PCIT Within Agency Trainer. She has provided individual, family, and group therapy services in addition to providing psychological assessments to children and adults. Dr. Deming has experience working with children and families to address anxiety, depression, trauma, LGBTQ+ related issues, and acting out behaviors. Dr. Deming is passionate about creating safe and inclusive spaces for individuals and families to equitable access to mental health care.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2025).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 31, 2024).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](mailto:Cristal.Montepeque@pbcgov.org) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link. Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

1. Click the Chat icon in the top toolbar.
2. Use the "Send to" drop-down menu to select the recipients of the message.
 - **Everyone** – All participants will see the message in their Chat pane.
 - **Organizer(s) only** – All organizers will see the message in their Chat pane.
 - **Individual attendee** – Only the selected organizer or attendee will receive the private message.
3. Type your message in the text field, then click **Send**.

Please click the link below for more help:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>